



R.C.Patel Arts,Commerce,Science College Shirpur



Student Development Department

Special programs

2023-24

1. “Karmavir Bhavrao Patil – Earn and learn scheme”

• Sanctioned workshops:

2. _Yuvati-Sabha: Mission Sahasi- Abiyan

3. Three Days Workshop on Lalit-kala Exercise

4. Yuvati-Sabha: Agnivir soldier pre-recruitment Training workshop

Schedule of Workshops:

Workshop	Schedule
Mission Sahasi- Abiyan	11-01-2024 to 18-01-2024
Workshop on Lalit-kala Exercise	23-01-2024 to 25-01-2024
Agnivir soldier pre-recruitment Training workshop	12-02-2024 to 16-02-2024

R.C.Patel Arts, Commerce and Science College, Shirpur

Yuvati-Sabha: Mission Sahasi- Abiyan

Report

In the academic year 2023-2024, Mission Sahasi Accompanying Day training was conducted in seven days from 11/01/2024 to 18/01/2024 under the Yuvati Sabha of the Department of Student Development of Kavatribai Bahinabai Chaudhary North Maharashtra University Jalgaon and R.C. Patel Arts, Commerce and Science College Shirpur. The camp was inaugurated by Dr Rahul Kamade. Jaisingh R. Padvi was also present. Dr D.R. Patil, principal, presided over the function. Later, Dr Anita Jadhav, coordinator of the Yuvati-Sabha and Mission Courage Camp, explained the aims and objectives of the camp to the students. Dr D. R. Patil, principal, inaugurated the programme. He further highlighted the need for self-defense today. Girls should be bold and courageous. A large number of girls were encouraged to participate. Jai Singh R. Padvi talked about how future crises and difficulties come in the lives of these girls. At that time the girls gave a speech on how to get rid of them. He further highlighted the need for self-defense y.Girls should be bold and courageous. All the first-year students participated in the workshop.

11/01/2024 Women's health and public awareness

Dr Rahul Kumar Ramkrishna Kamde, Head of Department, karmvir Randhir Ayurveda Mahavidyalaya, Boradi._

Dr Harshada Patil compered the programme. Dr Anita Jadhav, coordinator of the programme, welcomed the gathering. Dr Rahul Kumar Ramkrishna Kamde, the chief guest of the program, guided the students on growing up, balanced diet, exercise, meditation and mental health, social consciousness. Dr. D. R. Patil, principal of the college, presided over the programme. Dr. J.P.Mahashabde, Miss

Aparna Jagtap, mrs. Pratima Shrivagi, Dr. Vandana Patil, Prof. .Chaudhary Kamini,mrs. Shabnam Pinjari, Shri. Adesh Jain ,Kantilal Pawra ,Shri Ganesh Sonar, Mehul Gujrathi, Sandesh Rajput, Bansibhai Chaudhary cooperated



Dr Rahul Kumar Ramkrishna Kamde, Head of the Department, Karmavir V.T.Randhir Ayurveda College, Boradi lit the lamp and delivered the lecture.

12/01/2024:- Shiri Jai Singh R. Padvi prepared his mind and body. For this, he took some supplementary exercise movements from the girls. He provided nutritious food to the girls for physical activities in the form of judo, hand and foot exercises. In order to get the right weight, He did some yoga as prescribed and practiced it.



While imparting Karate training to the students of the college - Principal Dr. D. R. Patil and faculty members were present. Date: 12/01/2024

13/01/2024:- The next day, the girls were excited. They were aware that we were doing something different, so the coach taught them some skills. For example, if someone put his hand on the shoulder after teasing the girls on the street, they would do back punch from behind and how to protect from the side.



Shri Jaisingh R. Padvi to impart Karate training to students on 13th January 2024

१५/०१/२०२४:- Side arc is a skill that involves placing the forearm on the neck of the person in case of an attack from both sides. Sunblock is the practice of bending the legs of a person from behind by bending the lower part of the waist. In this, the girls were taught offensive and defensive skills by fighting and acting among themselves. An east-middle kick is a kick to the stomach of the person in front of you. A middle kick is a sudden action when the person in front of you is running and attacking. The trainers did this exercise and solved the problem.



Shri Jaisingh R. Padvi to impart Karate training to students on 15th January 202416/01/2024 in this activity, the girls were taught how to use their feet to hit a Samaritan's trunk or chest if they hit their face, put their hands on their face, or throw something. The Upper Block girls were made to practice how to defend themselves by using their hands to save them from being hit on the head with a stick. he have practiced this skill before. Lower block is an action performed by the trainer to block with both hands to defend the blow to the stomach, in this action the leg of the person in front is knocked down and he is thrown to the ground. Girls were taught skills. The action taught the girls how to defend themselves from such actions as the forward arc to protect the chest or the collar, to strike the neck of the person in front of the air by making a hand arc on the Face etc.



Shri Jaisingh R. Padvi to impart Karate training to students on 16th January 2024

17/01/2024:- Cross punch means to hit with the side, punch with the hand from the side after attacking your body from the side, and face block means to prevent the attack from the front, how to defend your face, chest, upper block girls were practiced by doing the action of using the hands to save the head with the stick. He have practiced this skill before. Lower block is an action performed by the trainer to block with both hands to defend the blow to the stomach, in this action, the front person's foot is knocked down and he is thrown to the ground. Girls were taught skills. The action taught the girls how to defend themselves from such actions as the forward arc to protect the chest or the collar, to strike the neck of the person in front of the hair by making a hand arc on the face, etc. At the same time, the

students were taught yoga through music.



Sou. Lakshmi Kavar teaching Yoga to college students - 17th January 2024

On 18/01/2024, Prof. Nilesh Patil R.C. Patel Technical College Shirpur guided the girl students about small scale industries and the financial assistance available to them.



Women and Self-Employment: Mr. Nilesh Patil guiding the students of R.C. Patel Technological College Shirpur

On the conclusion occasion, Principal of the college Dr. D. R. Patil congratulated the students and wished them a bright future. The students expressed their views. They felt the change in their actions and the knowledge gained from the 8-day camp. Their courage and self-esteem have increased. Their confidence grew and they got over their fear. Further he gave information about some actions, movements, punches, arcs etc.



At the end of the programme, certificates were distributed to the students.

The Vice-Principal of the college, Dr. R.D. Jadav were present. Dr. Anita Jadhav, Coordinator of the Yuvati Sabha expressed satisfaction that the objective of the camp has been achieved to some extent. Mr. A.J.Maheshwari SDO,Karate Instructor Shri Jaisingh Padvi, Dr. Jyothi Mahashabde, Prof. Vandana Patil, Mr. Jaywant Sonawane, Miss Aprana Jagtap and others were present. For the success of this camp, Ganesh Sonar, Sanjay More, Bansibhai Chaudhary, Mehul Gujarati, D. U. Patel, Sandesh Rajput, Laxmikant More got invaluable support. The Chairman, Vice-Chairman and Managing Director of the company were also felicitated.

Dr. D.R.Patil

(Principal)

Dr. Anita Jadav

(Yuvati-Sabha- Co-ordinator)

आपला स्वदेश पान ३

‘मिशन साहसी’ अंतर्गत ‘आरोग्या’वर व्याख्यान

शिरपूर/प्रतिनिधी

येथील आर.सी.पटेल महाविद्यालय, कवयित्री बहिणाबाई चौधरी उत्तर महाराष्ट्र विद्यापीठ जळगाव व विद्यार्थी विकास विभाग तसेच युवती सभा अंतर्गत ‘मिशन साहसी’ या उपक्रमांतर्गत महिलांचे आरोग्य या विषयावर जनजागृतीपर विशेष व्याख्यान आयोजित करण्यात आले होते.

कार्यक्रमासाठी प्रमुख पाहुणे म्हणून बोराडी येथील कर्मवीर व्यंकटराव रणधीर आयुर्वेद महाविद्यालयाचे विभाग प्रमुख डॉ.राहुलकुमार रामकृष्ण कामडे उपस्थित होते. कार्यक्रमाच्या अध्यक्षस्थानी प्राचार्य डॉ.डी.आर. पाटील होते. प्रमुख पाहुणे म्हणून उपप्राचार्य डॉ.आर.डी.जाधव, डॉ.ए.एम.पाटील, विद्यार्थी विकास अधिकारी प्रा.ए.जे.माहेश्वरी, जाधव यांनी केले. सूत्रसंचालन प्रा.डॉ. हर्षदा पाटील यांनी केले. कार्यक्रमाच्या यशस्वीतेसाठी प्रा.डॉ.जे.पी.महाशब्दे, प्रा.डॉ.हर्षदा पाटील, प्रा.अपर्णा जगताप, प्रा.प्रतिमा श्रावगी, प्रा.डॉ.वंदना पाटील, प्रा.मानसी वैद्य, प्रा.चौधरी कामिनी, प्रा.शबनम पिंजारी, प्रा.आदेश जैन, प्रा.कांतीलाल पावरा, गणेश सोनार, मेहुल गुजराथी, संदेश राजपूत, बन्सीभाई चौधरी यांनी परीश्रम घेतले.

यावेळी प्रमुख व्याख्याते डॉ. राहुलकुमार रामकृष्ण कामडे यांनी विद्यार्थिनींना वाढत्या वयात संतुलित आहार, व्यायाम, ध्यान व मानसिक आरोग्य, सामाजिक भान याविषयी मार्गदर्शन केले. ‘शिवबा जन्माला आणायचा असेल तर जिजाऊसारखे बना’ असे आवाहनही त्यांनी केले. कार्यक्रमाचे प्रारंभिक युवती सभेच्या समन्वयिका प्रा.डॉ.अनिता



हालपावेळी उपप्राचार्य

वाता २३.१.२०२४

आर.सी.पटेल महाविद्यालयात ‘मिशन साहसी’ अंतर्गत महिलांच्या आरोग्यावर जनजागृतीपर व्याख्यान

शिरपूर : येथील आर.सी.पटेल कला, वाणिज्य व विज्ञान महाविद्यालय व कवयित्री बहिणाबाई चौधरी उत्तर महाराष्ट्र विद्यापीठ जळगाव व विद्यार्थी विकास विभाग तसेच युवती सभा अंतर्गत मिशन साहसी या उपक्रम अंतर्गत महिलांच्या आरोग्य या विषयावर जनजागृतीपर विशेष व्याख्यान आयोजित करण्यात आले होते.

या कार्यक्रमासाठी प्रमुख पाहुणे म्हणून कर्मवीर व्यं.ता.रणधीर आयुर्वेद महाविद्यालय बोराडी येथील विभाग प्रमुख डॉ.राहुलकुमार रामकृष्ण कामडे उपस्थित होते. कार्यक्रमाच्या अध्यक्षस्थानी प्रा.ए.जे.माहेश्वरी, प्रा.जे.पी.सोनवणे उपस्थित होते. कार्यक्रमाचे सूत्रसंचालन प्रा.डॉ. हर्षदा पाटील यांनी केले. प्रारंभिक युवतीसभेच्या समन्वयिका प्रा.डॉ.अनिता जाधव यांनी



प्राचार्य डॉ.डी.आर.पाटील होते. याप्रसंगी उपप्राचार्य डॉ.आर.डी.जाधव, डॉ.ए.एम.पाटील, विद्यार्थी विकास अधिकारी प्रा.ए.जे.माहेश्वरी, प्रा.जे.पी.सोनवणे उपस्थित होते. कार्यक्रमाचे सूत्रसंचालन प्रा.डॉ. हर्षदा पाटील यांनी केले. प्रारंभिक युवतीसभेच्या समन्वयिका प्रा.डॉ.अनिता जाधव यांनी

केले. प्रमुख पाहुण्यांचा परिचय प्रा. प्रतिमा श्रावगी यांनी केला. कार्यक्रमाचे प्रमुख अतिथी डॉ. राहुलकुमार रामकृष्ण कामडे यांनी विद्यार्थिनींना वाढत्या वयात संतुलित आहार, व्यायाम, ध्यान व मानसिक आरोग्य, सामाजिक भान याविषयी मार्गदर्शन केले. ‘शिवबा जन्माला आणायचा असेल तर जिजाऊ सारखे बना’ असे

सांगितले. कार्यक्रमाचे अध्यक्ष प्राचार्य डॉ.डी.आर.पाटील यांनी विद्यार्थिनींना शुभेच्छा दिल्या.

कार्यक्रमाच्या यशस्वीतेसाठी युवती सभेच्या समन्वयिका प्रा.डॉ.अनिता जाधव, प्रा.डॉ.जे.पी.महाशब्दे, प्रा.डॉ.हर्षदा पाटील, प्रा.अपर्णा जगताप, प्रा.प्रतिमा श्रावगी, प्रा.डॉ.वंदना पाटील, प्रा.मानसी वैद्य, प्रा.चौधरी कामिनी, प्रा.शबनम पिंजारी, प्रा.आदेश जैन, प्रा.कांतीलाल पावरा, गणेश सोनार, मेहुल गुजराथी, संदेश राजपूत, बन्सीभाई चौधरी यांनी सहकार्य केले.

2. Three Days Workshop on Lalit-kala Exercise:

Report

R.C. Patel Arts, commerce and Science College Student development department and Student development department of KBCNMMU collaborate to host the workshop on Lalit-Kala exercise, which takes place over three days from January 23 to January 25, 2024. The training program was formally launched by Honorable Principal Dr. D.R. Patil, along with Vice-Principals Drs. A.M. Patil and R.D. Jadhav, SDO. Mr. Anand Maheshwari and J. P. Sonawane was in attendance on the special day. Miss Aparna Jagtap, Dr. Jyoti Mahashabde, Dr. Vandana Patil, and Dr. Anita Jadhav are also present to mark the occasion. Program coordinator was Dr. R.A Chaudhari. The program's anchor was Dr. Anita Jadhav. The goals and significance of the workshop were explained by Dr. R.A.Chaudhari in an inaugural speech. Vote of thanks was provided by Mr. J.P.Sonawane

➤ Glimpses of Program:



Workshop Banner



Guidance and practice



Participant Students

देशदूत २९.१.२०२४

ललित कला अभ्यास कार्यशाळा



■ शिरपूर । प्रतिनिधी

आर.सी.पटेल कला, वाणिज्य व विज्ञान महाविद्यालयात ललित कला अभ्यास कार्यशाळा संपन्न झाली. लिलाधर माळी यांच्या हस्ते कार्यशाळेचे उद्घाटन करण्यात आले. या प्रसंगी कार्यक्रमाला प्रमुख पाहुणे म्हणून धुळे जिल्हा विद्यार्थी कल्याण अधिकारी डॉ.विवेकानंद चव्हाण उपस्थित होते. कार्यक्रमाच्या अध्यक्षस्थानी प्राचार्य डॉ.डी. आर.पाटील तर उपप्राचार्य डॉ.ए.एम.पाटील व डॉ.आर.डी.जाधव उपस्थित होते. कार्यक्रमाचे प्रास्ताविक कार्यशाळेचे समन्वयक डॉ.रमाकांत चौधरी यांनी तर सूत्रसंचालन डॉ.अनिता जाधव यांनी केले. आभार सहाय्यक विद्यार्थी कल्याण अधिकारी डॉ.जे.पी.सोनवणे यांनी मानले.

3. Yuvati-Sabha: Agnivir soldier pre-recruitment Training workshop

R. C. Patel Arts, Commerce and Science College, Shirpur

Yuvati-Sabha: Agnivir soldier pre-recruitment Training workshop

Report

R.C. Patel Arts, commerce and Science College Student development department and Student development department of KBCNMU collaborate to host the Agnivir soldier pre-recruitment training, which takes place over five days from February 12 to February 16, 2024. The training program was formally launched by Honorable Principal Dr. D.R. Patil, along with Vice-Principals Drs. A.M. Patil and R.D. Jadhav, SDO. Mr. Anand Maheshwari was in attendance on the special day. Miss Aparna Jagtap, Dr. Jyoti Mahashabde, Dr. Vandana Patil, and Dr. Anita Jadhav are also present to mark the occasion. Program coordinator was Dr. Harshada Patil. The program's anchor was Dr. Anita Jadhav. The goal and significance of the training program were explained by Dr. Harshada Patil in an inaugural speech. A.J. Maheshwari has offered a vote of gratitude. Participants in the training program have included forty students.

Scheduled dates: 12th FEB, 2024 to 16th FEB, 2024

The Scheduled five day Training program got the named resource persons Ex. Soldier Mr. Amrutsing Rajput. From Military school, Shirpur, Mr.S.P.Sonawane and Lady Constable Swati Gujarathi. They brought their valuable guidance to students regarding diet, exercise, study material for preparation of exams and how to do field works and trained in them to secure max. Marks. They enrich the students with various methods and various skills to achieve the benchmarks of recruitment.

To bring the field training the participants are moved to Military School campus located at outskirts of Shirpur. Hon. Principal of Military school provided the student with their experiences and brought them deep guidance about army recruitment process. They had given the detail training on obstacles and on field. School sport teacher Dr. Jyotsana Jadhav and co-coordinator Dr. Harshada Patil were present.

➤ **Glimpses of Training program:**



Program Notification



Participants

➤ **Training and Practicing Skills:**





Training on obstacles and on field



Field visit at M.R. Patel Military School, Shirpur



Valedictory and certificate distribution program