

महाराष्ट्र MAHARASHTRA

**2022** 

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उपकोषाम

BROOKS FALL MEMORANDUM OF UNDERSTANDING BETWEEN R. C. PATEL ARTS, COMMERCE AND SCIENCE COLLEGE, SHIRPUR

R. C. PATEL INSTITUTE OF PHARMACEUTUCAL EDUCATION AND RESEARCH

## FOR THE DEVELOPMENT OF ACADEMIC AND RESEARCH COOPERATION

The present MoU is signed on July 15, 2022 between R. C. Patel Arts, Commerce and Science College, Shirpur AND R. C. Patel Institute of Pharmaceutical Education and Research, Shirpur.

The MoU has following objectives:

- 1. To promote the research collaborations among the faculty of both the institutes.
- 2. To share the research and laboratory facilities of the institute.
- 3. To facilitate training for the PG students and the faculty

R.C.Patol Assa, Comta-& Sci. College Shirpur Dist Dhete 425 40F



R.C.Patel Inst. of Pharm. Edu & Research Shirpur Dist. Dhule 425 405.



4. To undertake interdisciplinary research projects for the PG students of both the institute.

Duration of the MoU:

The duration of the MoU will be FIVE years and upon review it can be further extended for TWO years.

Coordinators:

Bothe the institute will appoint a person in charge for the MoU who will take the responsibility of the agreement.

IPR benefits:

IPR benefits of the joint research work will be shared by both the institutes.

Signatures

Oh behalf of

R. C. Patel Arts, Commerce and Science College, Shirpur

R.C.Pacel Aras Comm. & Sci. College Shirpur Dist. Dhate 425 469

On behalf of

R. C. Patel Institute of Pharmaceutical Education and Research, Shirpur.

Shirpur Education Societys R.C.Patel Inst. of Pharm. Edu & Research

Shirour Dist. Dhule 425 405.



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#### R. C. Patel Educational Trust's

### R. C. Patel Arts, Commerce and Science College Hon. Bhupeshbhai Patel

Karvand Naka, Shirpur 425405, Dist - Dhule, Maharashtra

E-mail: principal@rcpasc.ac.in

**President** 

**Principal** 

Dr. D. R. Patil

Name of Institute/Industry

RC Patel Institute of Pharmaceutical Education and

Research, Shirpur

Year of Signing Linkage/ MoU

2021

**Duration of Linkage/MoU** 

05 Years

#### List of Activities carried out under MoU with RC Patel Institute of Pharmaceutical Education and Research, Shirpur

Sr. No.	Particulars	Page No.
1.	AICTE sponsored One Week STTP workshop	04-05
2.	One Day Workshop on Future Universities	06-09
3.	Workshop on Personality and Skill Development in Women	10-12
4.	Workshop on Stress Management for Non-teaching Staff	13-14
5.	Workshop on "Ek Divas Swatah Sathi"	15

**Authorized Signature** 

PRINCIPAL Shirpur Education Societys R.C.Patel Inst. of Pharm. Edu & Research Shirpur Dist.Dhule 425 405.

R. C. Patel Educational Trust's R. C. Patel Arts, Commerce and Science College Shirpur, Dist.-Dhule (M.S.) 425405



President: Shri. Amrishbhai R. Patel M.L.C.

Principal: Dr. S. J. Surana M.Pharm., Ph.D., DBM, FIC

Date: May 17, 2021

To Dr. Ravindra H. Patil R. C. Patel ACS College, Shirpur

Subject: Invitation as an Eminent Speaker for AICTE sponsored One-week (Online) STTP (Slot -II): "Scientific Research Paper, Patents and Research Proposal Writing for Grants and an Ethics" scheduled in between date: 25th May - 30th May 2021.

#### Dear Sir

#### Greetings!

It gives us an immense pleasure to inform you that our institute is organizing AICTE, New Delhi Sponsored One-Week (online) STTP (Slot-II): Scientific Research Paper, Patents and Research Proposal Writing for Grants and an Ethics. The one week online STTP is scheduled in between date: 25th May - 30th May 2021 and will be focusing on various topics in the area pharmaceutical research and ethics. The theme of STTP will of great significance to the participants in their future endeavour of research work.

The STTP will be witnessing participation of 40 faculties from all over India.

As you are expertise in the field; so, we would like to invite you as an eminent speaker for STTP.

#### About RCPIPER

R. C. Patel Institute of Pharmaceutical Education and Research (RCPIPER), Shirpur (MS) has been accredited by NBA, New Delhi for full period of six years for its 3rd cycle and with NAAC-A Grade (2rd cycle) and also averagely occupied in top 50 Pharmacy institute during last four years by National Institutional Ranking Framework (NiRF) -MHRD, New Delhi. Since, its inception in 1992, under Shirpur Education Society (SES), the institute has been emerged as a center of excellence in the Pharmacy education. Student-centric endeavors of the management and the staffs of RCPIPER have shaped careers of hundreds of Pharmacy professionals. Today, we are one of the best-institutions in the country, stands with experienced, as well as qualified staffs and ultramodern infrastructure to provide quality education at all the levels from Diploma in Pharmacy to Doctoral Research.

Our endeavor for quality education and excellence in the field has been endorsed has been recognized with "A Grade" by Kavayitri Bahinabai Chaudhari North Maharashtra University, Jalgaon.

We will highly appreciate if you could accept our invitation and deliver a talk on the suitable topic related to the theme of STTP as an eminent speaker.

You are requested to kindly confirm your acceptance by email. Thanking You

With Warm Regards

Dr. A. A. Shirkhedkar Convener & Vice-Principal

Dr. S. J. Surana Principal

# R. C. Patel Institute of Pharmaceutical Education and Research

Near Karwand Naka, Shirpur- 425405, Dist: Dhule [MS].

## AICTE Sponsored



## One-Week Online Short Term Training Program (STTP)



On

Scientific Research Paper, Patents and Research Proposal Writing for Grants and an Ethics 25th to 30th May - 2021 (Slot - II)

Organized by

## R. C. Patel Institute of Pharmaceutical Education and Research

NBA - Accredited 6 Yrs-3<sup>rd</sup> Cycle | NAAC - Accredited (A Grade - 2<sup>rd</sup> Cycle) | NiRF - Ranked averagely in top 50 Pharmacy Institutes by MHRD | CII - Platinum | KBC NMU, Jalgaon - A Grade Karwand Naka, Shirpur, Dist. Dhule, (MS) 425 405

# Certificate of Appreciation

This certificate is presented to Dr. Ravindra H. Patil in appreciation for your valuable contribution as an Eminent Speaker in AICTE, New Delhi sponsored One-Week Online STTP "Scientific Research Paper, Patents and Research Proposal Writing for Grants and an Ethics" organized by R. C. Patel Institute of Pharmaceutical Education and Research, Shirpur from 25th to 30th May 2021.

Your talk is immensely apreciated.

Dr. Atul A. Shirkhedkar

Convener & Vice-Principal

Dr. Sanjay J. Surana

Principal

## Student Welfare Department, KBC North Maharashtra University, Jalgaon sponsored

## One Day Workshop on Future Universities (पुढील २५ वर्षातील आपल्या कल्पनेतील विद्यापीठ) 9<sup>th</sup> March, 2023

## R. C. Patel Arts, Commerce and Science College, Shirpur

## **Program**

**Venue: Seminar Hall, III<sup>rd</sup> floor** 

Event	Time	Speaker	Title of the talk	
Registration	9.00am onwards			
Inauguration	10.45 to 11.00			
Session I	11.00 to 12.15	Prof. Atul Shirkhedkar	Preparing the students for future challenges	
Session II	12.20 to 01.20	Dr. Mahendra Patil	Transformations in University system	
Break	01.20 to 02.00			
Session III	02.00 to 03.00	Dr. Premkiran Bhadane	Digital Universities and MOOCs for students	
Valedictory and certificate Distribution	03.00 to 03.20			

The Workshop started at 10:30 A.M with the inauguration program at the Seminar hall at R. C. Patel ASC College, Shirpur, with enlighten of lamp to Goddess Saraswati which was followed by Felicitation of respected Guests. After introduction of Hon'ble chief guest **Dr. Atul A. Shirkhedkar, Professor, R. C. Patel Institute of Pharmaceutical and Research**, He guided the students with his valuable words.





Prof. A. M. Patil (Vice Principal) felicitating Chief guest Hon. Prof. A. A. Shirkhedkar







# धुळे सिटी 18-03-2023

# विद्यापीठ, नवीन शैक्षणिक धोरणावर मंथन

प्रतिनिधी | शिरपुर

येथील आर. सी. पटेल एज्यकेशनल ट्रस्ट संचालित आर. सी. पटेल कला. वाणिज्य व विज्ञान महाविद्यालय व कवयित्री बहिणाबाई चौधरी उत्तर महाराष्ट्र विद्यापीठातर्फे राष्ट्रीय व्याख्यानमाला झाली. व्याख्यानमालेसाठी सुमारे १२५ पेक्षा जास्त विद्यार्थी व शिक्षकांनी नोंदणी केली. या वेळी विद्यापीठ व नवीन शैक्षणिक धोरण, ऑनलाइन शिक्षणातील संधी आदी विषयांवर मार्गदर्शन करण्यात आले.

कार्यक्रमाचे उद्घाटन महाविद्यालयाचे प्राचार्य डॉ. डी. आर. पाटील, उपप्राचार्य डॉ. ए. एम. पाटील, विद्यापीठाचे विद्यार्थी कल्याण अधिकारी प्रा. विवेकानंद चव्हाण यांच्या उपस्थितीत झाले. आर. सी. पटेल फार्मसी महाविद्यालयाचे उपप्राचार्य डॉ. अतुल शिरखेडकर यांनी बदलत्या काळात विद्यापीठाची व विद्यार्थ्यांची भूमिका याविषयावर, एसपीडीएम महाविद्यालयातील



शिरपुर येथे झालेल्या कार्यशाळेला उपस्थित असलेले मान्यवर.

याविषयावर. महाविद्यालयातील गणित विभागप्रमुख प्रा. शिक्षणातील संधी या विषयावर मार्गदर्शन आभार मानले. उपक्रमाच्या यशस्वितसाठी समन्वयक सुक्ष्मजीवशास्त्र विभागप्रमुख प्रा. डॉ. रवींद्र पाटील, जैवतंत्रज्ञान विभागप्रमुख प्रा. डॉ. संदीप पाटील, प्रा. डॉ. महेश

विभागप्रमुख प्रा. डॉ. महेंद्र पाटील यांनी पाटील, प्रा. डॉ. अश्विनी पाटील, प्रा. डॉ. भविष्यातील विद्यापीठ व नवीन शैक्षणिक मोहिनी पाटील, प्रा. डॉ. लीना शिरसाठ. एसपीडीएम प्रा. अमृता जोशी, प्रा. वर्षा जयस्वाल, प्रा. हर्षा परदेशी, प्रा. शुभम यादव, प्रा. दर्शना डॉ. प्रेमिकरण भदाणे यांनी ऑनलाइन गवळी, प्रा. तेजस चौधरी, प्रा. जय पाटील. महाविद्यालयातील विद्यार्थी केले. प्रा. डॉ. रवींद्र पाटील यांनी कल्याण अधिकारी प्रा. आनंद माहेश्वरी, प्रास्ताविक केले. प्रा. अमृता जोशी यांनी प्रा. जयवंत सोनवणे, गणेश सोनार, संजय मोरे, बन्सीलाल चौधरी, डी. यू. पटेल, संदेश राजपूत, लक्ष्मीकांत मोरे यांनी प्रयत्न केले.कार्यशाळेत नवीन धोरणासह विविध विषयावर मार्गदर्शन करण्यात आले.

#### Report on Personality Development under Yuvati Sabha

#### **Introduction:**

The One Day Workshop on Personality Development held on 19<sup>th</sup> Sep 2021 provided a platform for women from various walks of life to come together, discuss, and enhance their understanding of personality development. The event aimed to empower women by offering insights into building self-confidence, improving communication skills, and fostering personal growth.

#### The primary objectives of the workshop were:

- To create awareness about the importance of personality development.
- To equip women with tools and techniques to enhance their personal and professional lives.
- To foster a supportive environment where women could share experiences and learn from each other.

#### **Understanding Personality Development:**

Dr. Bachute began with an introduction to the concept of personality development. The speaker highlighted the importance of self-awareness and self-improvement as the foundation of a strong personality.

Key components of personality such as attitude, behavior, and communication skills were discussed. Participants were encouraged to reflect on their strengths and areas for improvement.

#### **Building Self-Confidence:**

Dr. Bachute focused on strategies to boost self-confidence, a critical aspect of personality development. Techniques such as positive self-talk, setting achievable goals, and stepping out of one's comfort zone were emphasized.

Real-life examples of successful women who overcame challenges through confidence and perseverance were shared, inspiring the participants to believe in their potential.

#### **Effective Communication:**

Communication is a vital part of personality. This thing explored verbal and non-verbal communication skills, active listening, and the art of persuasion.

Role-playing activities allowed participants to practice these skills in a supportive environment, enhancing their ability to express themselves clearly and confidently.

#### **Managing Stress and Emotions:**

Emotional intelligence and stress management were discussed as essential components of personality development. Participants learned techniques to manage stress, such as mindfulness, meditation, and time management.

The importance of maintaining a positive mindset and emotional resilience in the face of challenges was underscored.

#### **Grooming and Presentation:**

Personal grooming and presentation were addressed as aspects that complement one's personality. The session provided tips on dressing appropriately for different occasions, maintaining good hygiene, and presenting oneself with poise.

#### **Interactive Activities:**

The workshop included several interactive activities designed to engage participants and reinforce the lessons learned:

**Group Discussions:** Women were divided into groups to discuss topics related to personality development, such as overcoming personal fears, balancing work and life, and setting life goals.

Confidence-Building Exercises: Activities like public speaking, mock interviews, and body language exercises helped participants practice and refine their skills.

**Feedback and Reflection:** At the end of each session, participants were encouraged to share their thoughts and feedback. This allowed them to reflect on their learning and identify areas for further improvement.

#### **Conclusion:**

The workshop on Personality Development was a resounding success, with participants leaving the event feeling empowered and motivated to continue their personal growth journey. The interactive sessions, practical tips, and supportive environment provided a comprehensive approach to personality development, equipping women with the tools they need to thrive in both their personal and professional lives.

The event concluded with a commitment from the participants to apply the lessons learned and to support one another in their ongoing development. The organizers expressed their gratitude to all attendees and emphasized the importance of continued learning and self-improvement.



Dr. Atul Shirkhedakar felicitated Chief guest Hon. Dr. Milind Bachute at One Day Workshop on Personality Development held on 19<sup>th</sup> Sep 2021.

#### One-Day Workshop on Stress Management for Non-Teaching Staff

#### Introduction

A One-day Workshop on Stress Management was organized for the non-teaching staff of Shirpur Education Society's R. C. Patel Institute of Pharmaceutical Education & Research, Shirpur An Autonomous Institute on 12<sup>th</sup> Jan 2022. The workshop aimed to address the challenges faced by non-teaching staff in managing stress at work and to provide practical strategies for maintaining mental well-being and enhancing productivity.

#### **Objectives:**

- 1. To raise awareness about the impact of stress on health and work performance.
- 2. To equip non-teaching staff with practical tools and techniques for managing stress.
- 3. To create a supportive environment for staff to discuss their stress-related challenges and share coping strategies.

#### Workshop Agenda

The workshop was structured into several things, each focusing on different aspects of stress management:

#### 1. Understanding Stress:

- The workshop began with an introduction to the concept of stress, its causes, and its effects on both physical and mental health. The facilitator explained the difference between acute and chronic stress, and how unchecked stress can lead to burnout.
- The session included a discussion on common stressors in the workplace, particularly those faced by non-teaching staff, such as workload, time management, and dealing with difficult situations.

#### 2. Identifying Personal Stress Triggers:

- Participants were guided through an exercise to identify their personal stress triggers. This introspective session encouraged staff to recognize the specific situations or behaviors that cause them stress.
- The facilitator provided tools for self-assessment and encouraged participants to be honest with themselves about their stressors.

#### 3. Techniques for Stress Management:

- This session focused on practical techniques to manage and reduce stress.
   Topics covered included deep breathing exercises, mindfulness, and relaxation techniques that can be easily incorporated into daily routines.
- The facilitator demonstrated simple exercises that can be done at the workplace to help alleviate stress, such as stretching, taking short breaks, and practicing mindfulness.

#### 4. Time Management and Prioritization:

Poor time management is a significant contributor to workplace stress. This
session provided strategies for better time management, such as setting
realistic goals, prioritizing tasks, and avoiding procrastination.

 Participants were given tools like to-do lists and prioritization matrices to help them organize their work more effectively and reduce the feeling of being overwhelmed.

#### 5. Building Emotional Resilience:

- Emotional resilience is the ability to adapt to stressful situations and recover from adversity. This session focused on techniques to build resilience, such as maintaining a positive attitude, seeking social support, and developing problem-solving skills.
- Participants were encouraged to share their experiences and discuss how they
  have coped with stress in the past, fostering a sense of community and mutual
  support.

The feedback from participants was overwhelmingly positive, with many expressing a desire for similar workshops in the future. The workshop concluded with a commitment from the institution to continue supporting the mental health and well-being of its non-teaching staff through ongoing initiatives and resources.



Dr. Dipak Patil felicitated Chief guest Hon. Dr. Milind Bachute at One Day Workshop on Stress Management held on 12th Jan 2022.

## Workshop on "One Day for yourself"

Name of activity	International Yoga Day		
Organizers	RCPIPER, Shirpur		
Venue	RCPIPER, Shirpur		
No. of	90 UG Students		
participants			
Date	21/07/2022		
Objective/s	The key objectives of the workshop were:		
	1. To create an environment where participants could relax and		
	rejuvenate.		
	2. To introduce participants to various self-care practices and		
	techniques.		
	3. To emphasize the importance of taking time for oneself in		
	maintaining overall well-being.		
	4. To foster a sense of community and shared experiences among		
	participants.		
Workshop Agenda	The workshop was structured into various sessions, each designed to		
	focus on different aspects of self-care and personal well-being:		
	Introduction and Ice-Breaker Session		
	2. Mindfulness and Meditation		
	3. Creative Expression		
	4. Physical Wellness		
	5. Nutrition and Healthy Eating		
	6. Journaling and Reflection		
	7. Group Sharing and Discussion		
In charge/s	Dr. A. A. Shirkhedkar & Mr. Amol Ahire		
Photograph/s	Hon. MLA of Shirpur felicitated Hon. Dr. Milind Bachute at Workshop on "One Day for yourself" on 21th July 2022.		
Outcome	People of the community where make aware about the importance of		
	37 6 1 14 1 6 10		
	Yoga for healthy and fit life.		